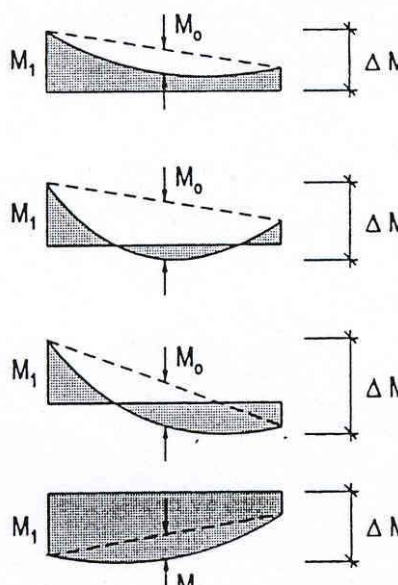


Tabell 12 – Ekvivalent momentfaktor

Momentdiagram	$\beta_M (\beta_{LT})$
 $-1 \leq \psi \leq 1$ <i>+ ved strekk p1 samme side</i>	$\beta_{M, \psi} = 1,8 - 0,7 \psi$
 	$\beta_{M, 0} = 1,3$ <i>Mer belastende</i> $\beta_{M, 0} = 1,4$ <i>Mindre belastende</i>
	$\beta_M = \beta_{M, \psi} + \frac{M_o}{\Delta M} (\beta_{M, 0} - \beta_{M, \psi})$ $M_o = M_{maks} $ pga tverrlast alene $\Delta M = \begin{cases} M_{maks} & \text{dersom momentet har samme fortegn} \\ M_{maks} + M_{min} & \text{dersom momentet endrer fortegn} \end{cases}$